



THE PRAYER OF FREEDOMTM

Group Study Workbook

**A step-by-step
guide to freedom**

*from mental health,
chronic pain, & addictions*

Does this process really work?

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BEATTY CARMICHAEL

DIGITAL WORKSHEETS ONLY

The Prayer of Freedom Group Study Workbook

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How to Use This Workbook

This workbook has been designed to make your group study simple and effective. Whether you are a facilitator leading a group or a participant joining one, everything you need is inside.

► If You Are a Facilitator

If you are starting or leading a group, please turn to **The Facilitator's Guide and Answer Key** at the back of this workbook.

There you will find:

- Step-by-step instructions on **how to facilitate a group study**
- Suggestions for leading effective discussions
- Access information for the **group study videos**
- A brief **training video** on how to lead your group with confidence
- Complete worksheets **with answers filled in** to guide your teaching

Start there first. The Facilitator's Guide and Answer Key will give you everything you need to be fully prepared.

► If You Are a Participant

Simply use the **Student Note Sheets** section to follow along with the teaching videos and fill in your notes.



Student Note Sheets

Session 1

Sin and Discipline (part 1)

Panorama of the full Master Class course

- **Session 1:** Sin and Discipline
- **Session 2:** What the Bible says about sin and consequence
- **Session 3:** Legal Rights in the spiritual realm
(Group study ends here)
- **Session 4:** 3 Types of Legal Rights and how to get free
- **Session 5:** Covering and Authority
- **Session 6:** Success Tips and List Preparation Guide

Overview

_____ is a significant cause of sickness, infirmity, and all kinds of life issues

Not all illnesses are tied to sin... ...but many of the issues we deal with *are*.

- It's all part of God's plan to give you abundant life
- **John 10:10** (ESV) - "The thief comes to steal, kill, and destroy, but I came that [you] may have life, and have it abundantly."

Discipline vs Punishment

- Discipline is for _____; punishment is for _____.
- Discipline _____; punishment _____.

God's spiritual laws of _____

- **Heb 12:4-6 (NIV)** - ⁴ In your struggle against sin, you have not yet resisted to the point of shedding your blood. ⁵ And have you completely forgotten this word of encouragement that addresses you as a father addresses his son? It says, "My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, ⁶ because the Lord disciplines the one he loves, and he chastens everyone he accepts as his son."
- If you are his child, God *will* discipline you when you sin... even if you live a "righteous" life

Session 2: Sin and Discipline (part 2)

The _____ realm

- This is where God's discipline occurs

- **Eph 6:12 (ESV)** - For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.
- **TLB version:** - For we are not fighting against people made of flesh and blood, but against persons without bodies...

PERSONS WITHOUT BODIES...

▶ _____ spirits

- **Holy Spirit - Gen 1:1-2 (ESV)** - ¹ In the beginning, God created the heavens and the earth. ² The earth was without form and void, and darkness was over the face of the deep. And the Spirit of God was hovering over the face of the waters.
- **Angels** -- spirit beings, and they are also "persons"
- **Spirit of skill - Exo 28:3 (ESV)** - You shall speak to all the skillful, whom I have filled with a spirit of skill, that they make Aaron's garments to consecrate him for my priesthood.
- **Spirit of wisdom - Deu 34:9 (ESV)** - And Joshua the son of Nun was full of the spirit of wisdom, for Moses had laid his hands on him. So the people of Israel obeyed him and did as the LORD had commanded Moses.
- **Spirit of truth - Joh 16:13 (ESV)** - When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come.
- **Spirit of gentleness - 1 Cor 4:21 (ESV)** - What do you wish? Shall I come to you with a rod, or with love in a spirit of gentleness?

▶ _____ spirits

- **Spirit of jealousy - Num 5:14 (ESV)** - and if the spirit of jealousy comes over him and he is jealous of his wife who has defiled herself, or if the spirit of jealousy comes over him and he is jealous of his wife, though she has not defiled herself

- **Spirit of terror** - 1 Sam 16:14 (ESV) - Now the Spirit of the LORD departed from Saul, and a harmful spirit from the LORD tormented him.
- **Spirit of lying** - 1 Kings 22:21-22 (ESV) - ²¹ Then a spirit came forward and stood before the LORD, saying, 'I will entice him.' ²² And the LORD said to him, 'By what means?' And he said, 'I will go out, and will be a lying spirit in the mouth of all his prophets.' And he said, 'You are to entice him, and you shall succeed; go out and do so.'
- **Spirit of confusion** - Isai 19:14 (ESV) - The LORD has mingled within her a spirit of confusion, and they will make Egypt stagger in all its deeds, as a drunken man staggers in his vomit.
- **Spirit of whoredom** - Hos 4:12 (ESV) - My people inquire of a piece of wood, and their walking staff gives them oracles. For a spirit of whoredom has led them astray, and they have left their God to play the whore.
- **Spirit of divination** - Act 16:16 (ESV) - As we were going to the place of prayer, we were met by a slave girl who had a spirit of divination and brought her owners much gain by fortune-telling.
- **Spirit of fear** - 2 Tim 1:7 (NASB) - For God has not given us a spirit of fear, but of power and of love and of a sound mind.

► **Additional _____ spirits (not referenced in Bible)**

- Spirit of addiction
- Spirit of depression
- Spirit of heaviness
- Spirit of anger
- Spirit of violence
- Spirit of pain
- Spirit of suicide

▶ _____ spirits

- **Spirit of muteness and seizures - Mar 9:17-18 (ESV)** - ¹⁷ And someone from the crowd answered him, "Teacher, I brought my son to you, for he has a spirit that makes him mute.¹⁸ And whenever it seizes him, it throws him down, and he foams and grinds his teeth and becomes rigid. So I asked your disciples to cast it out, and they were not able."
- **Spirit of Fever - Luk 4:38-39 (ESV)** - ³⁸ Jesus left the synagogue and went to the home of Simon. Now Simon's mother-in-law was suffering from a high fever, and they asked Jesus to help her. ³⁹ So he bent over her and rebuked the fever, and it left her. She got up at once and began to wait on them.
- **Spirit of "Bent Spine Syndrome" (camptocormia) - Luk 13:10-11 (ESV)** - ¹⁰ On a Sabbath Jesus was teaching in one of the synagogues, ¹¹ and a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all.
- Many spirits are _____ - they amplify a specific characteristic

Sin, discipline and repentance

• The 5 Step Process of Man

(1) _____ made in God's image

- **Gen 1:27 (ESV)** - So God created man in his own image, in the image of God he created him; male and female he created them.

(2) Man _____

- **Gen 3:6-7a (NIV)** - ⁶ When the woman saw that the fruit of the tree [*of the knowledge of good and evil*] was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. ⁷ Then the eyes of both of them were opened...

(3) _____ lost God's image

- **Gen 5:3 (ESV)** - When Adam had lived 130 years, he fathered a son in his own likeness, after his image, and named him Seth.

(4) _____ made in God's image

- **Rom 8:3 (ESV)** - For what the Law could not do, weak as it was through the flesh, God did: sending His own Son in the likeness of sinful flesh and as an offering for sin, He condemned sin in the flesh
- **Heb 1:3a (ESV)** - He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power...
- **We are to be conformed to Jesus's image ... God's image**
 - **Rom 8:29 (ESV)** - For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers
- **Question:** How do we conform to the image of his Son?
- **Answer:** _____ of our sin

(5) Man _____ to restore God's image

- When we repent of our sin, it removes the sin
--> this was Jesus's primary message
- _____ is the primary message throughout the Bible
 - **God in OT** --> **Joel 2:12-13 (ESV)** - ¹² "Yet even now," declares the LORD, "return to me with all your heart ["repent"], with fasting, with weeping, and with mourning; ¹³ and rend your hearts and not your garments." Return to the LORD your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love; and he relents over disaster.
 - **John the Baptist** --> **Mat 3:1-2 (ESV)** - In those days John the Baptist came preaching in the wilderness of Judea, ² "Repent, for the kingdom of heaven is at hand."
 - **Jesus** --> **Mat 4:17 (ESV)** - From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."
- **Sin does two things**

1. breaks _____ with God

→ to restore: repent of sins _____

2. breaks _____ of God

→ to restore: repent of sins _____

- **God and Michelangelo - a picture of what this looks like**
- God conform us back to his image in the same way Michelangelo created beautiful sculptures --> one chip at a time
- **Luk 6:40 (ESV)** - A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher.

Session 3: A walk through the Bible (OT)

Spiritual laws vs God's _____

- Many of God's spiritual laws operate *outside* of his covenants with man
- **Example 1 Seventh Day:** God declared the seventh day _____
- **Example 2 Tithe:** God declares the tithe ("a 10th part") is _____
- **God's spiritual laws of sin and discipline are the _____**
- **Malachi 3:6 (NIV)** - "I the LORD do not change..."
- **James 1:17 (NIV)** - Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change...

A walk through the Bible - sin and _____

OLD TESTAMENT

- **(1) Miriam and leprosy: Num 12:1-10 (NIV)** - ¹ Miriam and Aaron began to talk against Moses because of his Cushite wife, for he had married a Cushite. ² “Has the LORD spoken only through Moses?” they asked. “Hasn’t he also spoken through us?” And the LORD heard this. ³ (Now Moses was a very humble man, more humble than anyone else on the face of the earth.) ⁴ At once the LORD said to Moses, Aaron and Miriam, “Come out to the tent of meeting, all three of you.” So the three of them went out. ⁵ Then the LORD came down in a pillar of cloud; he stood at the entrance to the tent and summoned Aaron and Miriam. When the two of them stepped forward, ⁶ he said, “Listen to my words: “When there is a prophet among you, I, the LORD, reveal myself to them in visions, I speak to them in dreams. ⁷ But this is not true of my servant Moses; he is faithful in all my house. ⁸ With him I speak face to face, clearly and not in riddles; he sees the form of the LORD. Why then were you not afraid to speak against my servant Moses?” ⁹ The anger of the LORD burned against them, and he left them. ¹⁰ When the cloud lifted from above the tent, Miriam’s skin was leprous—it became as white as snow...
- **(2) Venomous snakes: Num 21:4-7a (NIV)** - ⁴ “They traveled from Mount Hor ... but the people grew impatient on the way; ⁵ they spoke against God... ⁶ Then the LORD sent venomous snakes among them; they bit the people and many Israelites died. ⁷ The people came to Moses and said, ‘We sinned when we spoke against the LORD ...’”
- **(3) Life of lack: Deu 28:15-20 (NIV)** - ¹⁵ However, if you do not obey the LORD your God and do not carefully follow all his commands and decrees I am giving you today, all these curses will come on you and overtake you: ¹⁶ You will be cursed in the city and cursed in the country. ¹⁷ Your basket and your kneading trough will be cursed. ¹⁸ The fruit of your womb will be cursed, and the crops of your land, and the calves of your herds and the lambs of your flocks. ¹⁹ You will be cursed when you come in and cursed when you go out. ²⁰ The LORD will send on you curses, confusion and rebuke in everything you put your hand to...
- **(4) Diseases of Egypt: Deu 28:58-61 (NIV)** - ⁵⁸ “If you do not carefully follow all the words of this law, which are written in this book, and do not revere this glorious and awesome name —the LORD your God— ⁵⁹ the LORD will send fearful plagues on you and your descendants, harsh and prolonged disasters, and severe and lingering illnesses. ⁶⁰ He will bring on you all the diseases of Egypt that you dreaded, and they will cling to you. ⁶¹ The LORD will also bring on you every kind of sickness and disaster not recorded in this Book of the Law...”
- **(5) Jeroboam's hand shrivels: 1 Kings 13:1-4 (NIV)** - ¹ By the word of the LORD a man of God came from Judah to Bethel, as Jeroboam was standing by the altar to make an offering. ² By the word of the LORD he cried out against the altar: “Altar, altar! This is what the LORD says: ‘A son named Josiah will be born to the house of David. On you he will sacrifice the priests of the high places who make offerings here, and human bones will be burned on you.’” ³ That same day the man of God gave a sign: “This is the sign the LORD has declared: The altar will be split apart and the ashes on it will be poured out.” ⁴ When King Jeroboam heard what the man of God cried out against the altar at Bethel, he stretched out his hand from the altar and said, “Seize him!” But the hand he stretched out toward the man shriveled up, so that he could not pull it back.

- **(6) Gehazi and leprosy: 2 Kings 5:14-27 (NIV)** - ¹⁴ So [Naaman, the Syrian] went down and dipped himself in the Jordan seven times, as [Elisha] the man of God had told him, and his flesh was restored and became clean like that of a young boy. ¹⁵ Then Naaman and all his attendants went back to the man of God. He stood before him and said, “Now I know that there is no God in all the world except in Israel. So please accept a gift from your servant.” ¹⁶ The prophet answered, “As surely as the LORD lives, whom I serve, I will not accept a thing.” And even though Naaman urged him, he refused... [*Naaman leaves and goes a short way*]... ²¹ So Gehazi [Elisha's servant] hurried after Naaman. When Naaman saw him running toward him, he got down from the chariot to meet him. “Is everything all right?” he asked. ²² “Everything is all right,” Gehazi answered. “My master sent me to say, “Two young men from the company of the prophets have just come to me from the hill country of Ephraim. Please give them a talent of silver and two sets of clothing.”” ²³ “By all means, take two talents,” said Naaman. He urged Gehazi to accept them, and then tied up the two talents of silver in two bags, with two sets of clothing. He gave them to two of his servants, and they carried them ahead of Gehazi. ²⁴ When Gehazi came to the hill, he took the things from the servants and put them away in the house. He sent the men away and they left. ²⁵ When he went in and stood before his master, Elisha asked him, “Where have you been, Gehazi?” “Your servant didn’t go anywhere,” Gehazi answered. ²⁶ But Elisha said to him, “Was not my spirit with you when the man got down from his chariot to meet you? Is this the time to take money or to accept clothes—or olive groves and vineyards, or flocks and herds, or male and female slaves?” ²⁷ Naaman’s leprosy will cling to you and to your descendants forever.” Then Gehazi went from Elisha’s presence and his skin was leprous—it had become as white as snow.
- **(7) Uzziah and leprosy: 2 Chr 26:16-21 (NIV)** - ¹⁶ But after Uzziah became powerful, his pride led to his downfall. He was unfaithful to the LORD his God, and entered the temple of the LORD to burn incense on the altar of incense. ¹⁷ Azariah the priest with eighty other courageous priests of the LORD followed him in. ¹⁸ They confronted King Uzziah and said, “It is not right for you, Uzziah, to burn incense to the LORD. That is for the priests, the descendants of Aaron, who have been consecrated to burn incense. Leave the sanctuary, for you have been unfaithful; and you will not be honored by the LORD God.” ¹⁹ Uzziah, who had a censer in his hand ready to burn incense, became angry. While he was raging at the priests in their presence before the incense altar in the LORD’s temple, leprosy broke out on his forehead. ²⁰ When Azariah the chief priest and all the other priests looked at him, they saw that he had leprosy on his forehead, so they hurried him out. Indeed, he himself was eager to leave, because the LORD had afflicted him. ²¹ King Uzziah had leprosy until the day he died. He lived in a separate house —leprous, and banned from the temple of the LORD...
- **(8) King David infirmed: Psalms 32:1-4 (NLT)** - ¹ Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight! ² Yes, what joy for those whose record the LORD has cleared of guilt, whose lives are lived in complete honesty! ³ When I refused to confess my sin, my body wasted away, and I groaned all day long. ⁴ Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat.

Session 4: A walk through the Bible (NT)

NEW TESTAMENT

- **(9) Woman with spirit of infirmity: Luk 13:10-13 (NIV)** - On a Sabbath Jesus was teaching in one of the synagogues, and a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all. When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." Then he put his hands on her, and immediately she straightened up and praised God.

- It was due to sin -- how do we know? ...
- Why did Jesus tell this man, "Sin no more, that nothing worse may happen to you?"

Luk 13:14-16 (NIV) - ¹⁴ Indignant because Jesus had healed on the Sabbath, the synagogue leader said to the people, "There are six days for work. So come and be healed on those days, not on the Sabbath." ¹⁵ The Lord answered him, "You hypocrites! Doesn't each of you on the Sabbath untie your ox or donkey from the stall and lead it out to give it water? ¹⁶ Then should not this woman, a daughter of Abraham, whom Satan has kept bound for eighteen long years, be set free on the Sabbath day from what bound her?"

- **(10) Lame man at the pool: Joh 5:2-9,14 (ESV)** - ² "Now there is in Jerusalem by the Sheep Gate a pool, in Aramaic called Bethesda, which has five roofed colonnades. ³ In these lay a multitude of invalids—blind, lame, and paralyzed. ⁵ One man was there who had been an invalid for thirty-eight years. ⁶ When Jesus saw him lying there and knew that he had already been there a long time... ⁸ Jesus said to him, 'Get up, take up your bed, and walk.' ⁹ And at once the man was healed, and he took up his bed and walked.... ¹⁴ Afterward Jesus found him in the temple and said to him, 'See, you are well! Sin no more, that nothing worse may happen to you.'"

- **Question:** Why did Jesus tell this man, "Sin no more, that nothing worse may happen to you?"
- **Answer:** because _____ can be a root of infirmity

- **(11) Herod Agrippa: Act 12:21-23 (NIV)** - ²¹ On the appointed day Herod, wearing his royal robes, sat on his throne and delivered a public address to the people. ²² They shouted, "This is the voice of a god, not of a man." ²³ Immediately, because Herod did not give praise to God, an angel of the Lord struck him down, and he was eaten by worms and died.

- **(12) Ananias lies to God: Acts 5:1-5 (NIV)** - ¹ Now a man named Ananias, together with his wife Sapphira, also sold a piece of property. ² With his wife's full knowledge he kept back part of the money for himself, but brought the rest and put it at the apostles' feet. ³ Then Peter said, "Ananias, how is it that Satan has so filled your heart that you have lied to the Holy Spirit and have kept for yourself some of the money you received for the land? ⁴ Didn't it belong to you before it was sold? And after it was sold, wasn't the money at your disposal? What made you think of doing such a thing? You have not lied just to human beings but to God." ⁵ When Ananias heard this, he fell down and died. And great fear seized all who heard what had happened.

- **(13) Man with father's wife: 1 Corinthians 5:1-5 (NIV)** - ¹ It is actually reported that there is sexual immorality among you, and of a kind that even pagans do not tolerate: A man is sleeping with his father's wife. ² And you are proud! Shouldn't you rather have gone into mourning and have put out of your fellowship the man who has been doing this? ³ For my part, even though I am not physically present, I am with you in spirit. As one who is present with you in this way, I have already passed judgment in the name of our Lord Jesus on the one who has been doing this. ⁴ So when you are assembled and I am with you in spirit, and the power of our Lord Jesus is present, ⁵ hand this man over to Satan for the destruction of the flesh, so that his spirit may be saved on the day of the Lord.
- **(14) Lord's supper: 1 Cor 11:29-30 (NIV)** - ²⁹ "For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves. ³⁰ That is why many among you are weak and sick, and a number of you have fallen asleep."
 - **1 Cor 11:32 (NIV)** - "... when we are judged in this way by the Lord, we are being disciplined so that we will not be finally condemned with the world."
- **(15) Call for the elders: Jam 5:14-16 (ESV)** - ¹⁴ "Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. ¹⁵ And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. ¹⁶ Therefore, confess your sins to one another... that you may be healed. The prayer of a righteous person has great power as it is working."

_____ vs Sin

- **Not all sickness is due to sin** --> some can come from _____ causes
- **What about the blind man?**
 - **Joh 9:1-3 (NIV)** - ¹ As he went along, he saw a man blind from birth. ² His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" ³ "Neither this man nor his parents sinned," said Jesus, "but this happened so that the works of God might be displayed in him."
- **What if you've lived a sinful life and have lots of issues?**
 - **Isaiah 46:12-13 (NLT)** - "Listen to me, you stubborn people who are so far from doing right. For I am ready to set things right, not in the distant future, but right now! I am ready to save Jerusalem and show my glory to Israel."

Healing vs _____ will

- **1 Joh 5:14-15 (NIV)** - ¹⁴ This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. ¹⁵ And if we know that he hears us—whatever we ask—we know that we have what we asked of him.
- **2 Pet 3:9 (NIV)** - The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.

Conclusion

- God's word is clear -- our sins produce earthly consequences
- **Joh 10:10 (ESV)** - "The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly."

Question: How do you get that abundant life?

Answer: By _____ of your sin

- **Mal 3:6-12 (NIV)** - ⁶ "I the LORD do not change. So you, the descendants of Jacob, are not destroyed. ⁷ Ever since the time of your ancestors you have turned away from my decrees and have not kept them. Return to me, and I will return to you," says the LORD Almighty. "But you ask, 'How are we to return?' ⁸ "Will a mere mortal rob God? Yet you rob me. "But you ask, 'How are we robbing you?' "In tithes and offerings. ⁹ You are under a curse—your whole nation—because you are robbing me. ¹⁰ Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the LORD Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it. ¹¹ I will prevent pests from devouring your crops, and the vines in your fields will not drop their fruit before it is ripe," says the LORD Almighty. ¹² "Then all the nations will call you blessed, for yours will be a delightful land," says the LORD Almighty.
- When you _____ from sin, God promises the discipline will be stopped and _____ will be restored

Session 5: Parable of the Unmerciful Servant

Isn't _____ good for us?

- **2 types of suffering**
 - Disobedience --> discipline -- YES stop
 - Obedience --> persecution -- NO stop

Parable of the _____ Servant

Mat 18:21-35 (NIV) -

²¹ Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" ²² Jesus answered, "I tell you, not seven times, but seventy-seven times.

²³ "Therefore, the kingdom of heaven is like a king who wanted to settle accounts with his servants. ²⁴ As he began the settlement, a man who owed him ten thousand bags of gold was brought to him. ²⁵ Since he was not able to pay, the master ordered that he and his wife and his children and all that he had be sold to repay the debt. ²⁶ "At this the servant fell on his knees before him. 'Be patient with me,' he begged, 'and I will pay back everything.' ²⁷ The servant's master took pity on him, canceled the debt and let him go.

²⁸ "But when that servant went out, he found one of his fellow servants who owed him a hundred silver coins. He grabbed him and began to choke him. 'Pay back what you owe me!' he demanded. ²⁹ "His fellow servant fell to his knees and begged him, 'Be patient with me, and I will pay it back.' ³⁰ "But he refused. Instead, he went off and had the man thrown into prison until he could pay the debt.

³¹ When the other servants saw what had happened, they were outraged and went and told their master everything that had happened. ³² "Then the master called the servant in. 'You wicked servant,' he said, 'I canceled all that debt of yours because you begged me to. ³³ Shouldn't you have had mercy on your fellow servant just as I had on you?' ³⁴ In anger his master handed him over to the jailers to be **tortured**, until he should pay back all he owed.

³⁵ "This is how my heavenly Father **will** treat each of you unless you forgive your brother or sister from your heart."

- **Greek for "torturer"** (also translated as "jailer") -- means "one who elicits the truth by the use of the rack"
- Root " _____ " meaning: **to torture** -- pain, toil, torment

(1) Mat 8:5-6 - When he had entered Capernaum, a centurion came forward to him, appealing to him, "Lord, my servant is lying paralyzed at home, suffering terribly." -- **physical suffering**

(2) 2 Pet 2:7-8 - and if he rescued righteous Lot, greatly distressed by the sensual conduct of the wicked (for as that righteous man lived among them day after day, he was tormenting his righteous soul over their lawless deeds that he saw and heard) -- **mental suffering**

(3) Rev 12:2 - She was pregnant and was crying out in birth pains and the agony of giving birth -- **physical pain**

Session 6: Legal Rights

A practical look at _____ warfare

- **Eph 6:12 (ESV)** - For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.
- **Eph 6:12 (TLB)** - For we are not fighting against people made of flesh and blood, but against persons without bodies...

Legal _____ is part of God's design

- **Eph 1:20-21 (ESV)** - " ²⁰ ...when [God] raised him [Jesus] from the dead and seated him at his right hand in the heavenly places, ²¹ far above all rule and authority and power and dominion, and above every name that is named..."
- **Mat 28:18 (ESV)** - "And Jesus came and said to them, "All authority in heaven and on earth has been given to me."
- **Job 1:6 (ESV)** - "Now there was a day when the sons of God came to present themselves before the LORD, and Satan also came among them"
- **Heb 12:22-24 (ESV)** - "²² But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, ²³ and to the assembly of the firstborn who are enrolled in heaven, and to God, the judge of all, and to the spirits of the righteous made perfect, ²⁴ and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel"

Unrepented Sins and Legal Rights

4 Steps of a Deliverance

1. _____

2. _____

3. _____

4. _____

Evidence of _____ in scripture

- **Col 2:13c-15 (ESV)** - " ¹³ ... [Jesus] having forgiven us all our trespasses, ¹⁴ by canceling the record of debt that stood against us with its legal demands. This he set aside, nailing it to the cross. ¹⁵ He disarmed the rulers and authorities and put them to open shame, by triumphing over them in him."

What spiritual attacks look like

[Diagram]

Act 3:19 (NIV) - "Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord"

- repenting of sins brings refreshing times now

Multiply the Impact of Freedom

1. Give It Forward

One of the simplest and most powerful ways to extend the impact of *The Prayer of Freedom* is to give it forward. Keep a few extra copies of the book on hand—whether at home, in your car, or at work—so when God places someone in your path, you're ready to share. A book freely given often becomes the spark of freedom for someone else. To learn more about how to make this part of your personal ministry, see **Chapter 13**.

2. Lead a Group Study

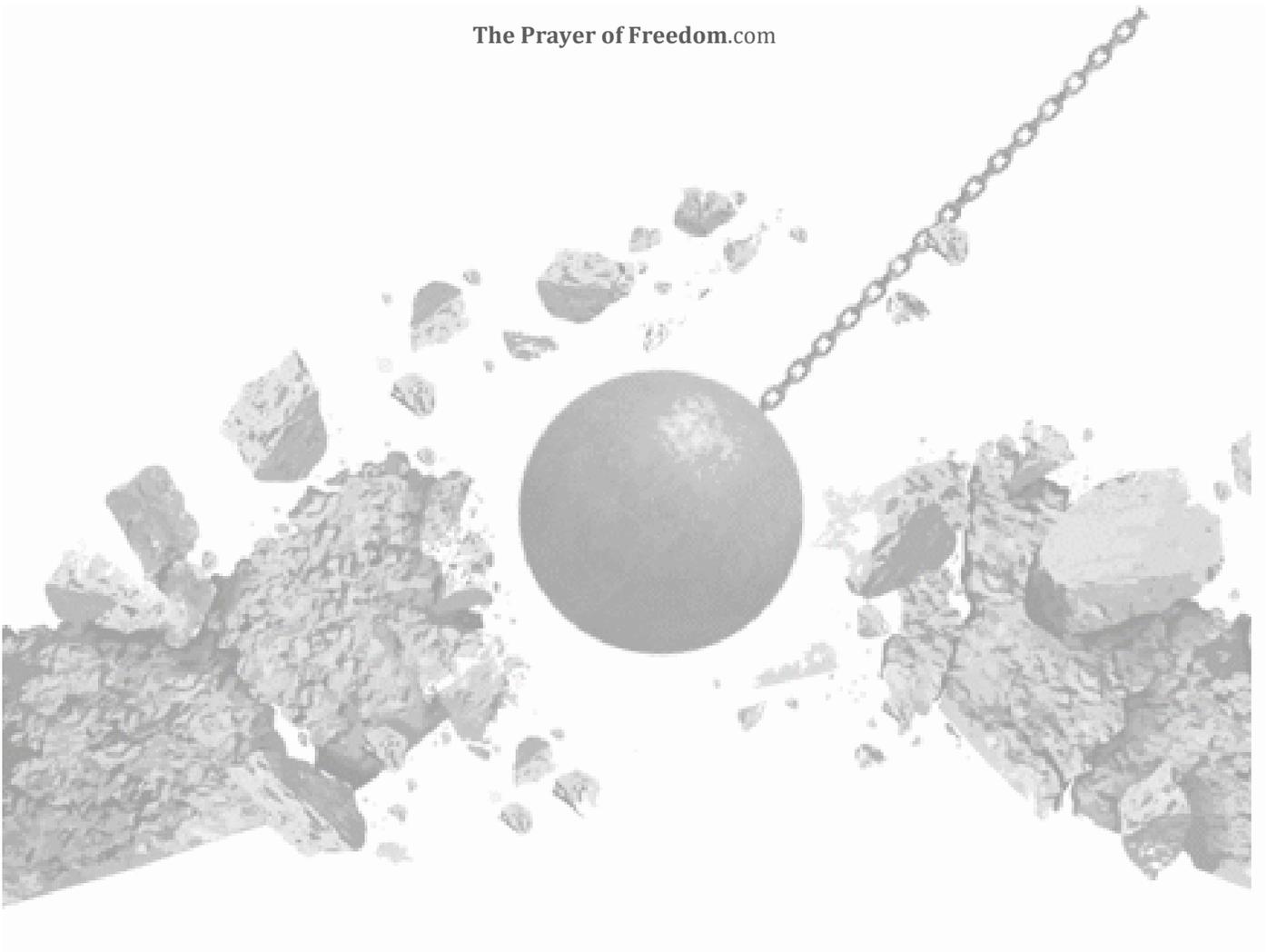
You've just experienced the power of walking through this process together—why not host your own group? You don't need to be a teacher or expert; the videos and workbook do the teaching for you. All it takes is inviting a few friends, creating a welcoming space, and letting God do the rest. To learn how to become a Group Study Facilitator and lead your own group, visit the link below:

ThePrayerOfFreedom.com/GroupStudy

3. Go Deeper with the Master Class

If you're ready to go beyond the basics and dive deeper into the principles of freedom, the Master Class is your next step. This 13-session, in-depth course unpacks spiritual laws in greater detail, equips you with advanced applications, and gives you the confidence to help others walk through this process effectively. To learn more about joining the Master Class, visit the link below.

ThePrayerOfFreedom.com/MasterClass



Facilitator's Guide and Answer Key

Become a Group Study Facilitator

If you've experienced the breakthroughs of *The Prayer of Freedom* and want to help others experience the same, that's exactly what the Group Study is all about. As a facilitator, you don't need to be a teacher or an expert—the videos and workbook do the teaching for you. Your role is simply to invite a few friends, create a welcoming space, and watch as lives begin to change.

Becoming a Group Study Facilitator and leading your own group is easier than you think, and it's one of the most rewarding ways to share this message of freedom with others. To learn how to get started, just visit the link below. There you'll find a short video that walks you through everything you need to begin leading your own group.

ThePrayerOfFreedom.com/GroupStudy

Facilitator's Quick Start Guide

Thank you for leading a Prayer of Freedom Group Study! This **six-session course** has been designed to make your role simple and effective. Here's how to get started:

1. Plan Your Group

- Decide when and how often your group will meet (for example: once a week for 6 weeks, or twice a week for 3 weeks).
- Each session will take about 60 minutes for the video teaching and discussion afterwards (plus optional fellowship time).
- Invite friends, family, or your existing study group.

Encourage each participant to purchase their own copy of *The Prayer of Freedom Group Study Workbook*. This is the same workbook you are holding now as the facilitator, and it contains everything needed to fully participate in the study—note sheets at the beginning for following along with the videos, plus the complete Prayer of Freedom book for doing the prayer portion and experiencing breakthrough.

Workbooks can be ordered at: **ThePrayerOfFreedom.com/GroupStudy** or directly on Amazon (if you send people to Amazon, *make sure they get The Prayer of Freedom Group Study Workbook* and not just *The Prayer of Freedom* book by itself)

2. Access the Videos

There are several ways to access our videos. If you are watching on a TV, either play them directly on your TV or play on your mobile phone and cast to your TV:

1. **YouTube Channel** – go to our channel [YouTube.com/@BeattyCarmichaelTeaching](https://www.youtube.com/@BeattyCarmichaelTeaching) and look for the Playlist “PrayerOfFreedomGroupStudy”
2. **YouTube Search** - go to YouTube and search for our playlist by name: “PrayerOfFreedomGroupStudy” (all one word, no spaces)
3. **Group Study Video page** – go to our Group Study video page at ThePrayerofFreedom.com/GroupStudyVideos

3. For the *First* Session

- Have each person write their name along the **outside edge** of their workbook (the rib of the book) so books don't get mixed up.
- Encourage participants to make their workbook unique—add a ribbon, bookmark, or colored mark so it's easy to spot.

4. Structure of Each Session

Each session lasts about one hour and includes two videos:

Watch Video 1: Teaching (about 35-40 minutes) where Beatty introduces the session, then teaches it.

- Watch the teaching together.

- After the video, lead a **short discussion** (10-15 minutes) by asking 2–3 questions such as:
 - ***What stood out to you most from today’s teaching?***
 - ***How does this connect with something in your own life?***
 - ***What is a takeaway or insight you want to remember from this session?***
- After the discussion, play the **Next Steps** video to close out the session

Watch Video 2: Next Steps (5–10 minutes) where Beatty closes out the session and suggests the “next steps” homework assignment.

- Encourage participants to complete the assignment before the next session.

5. Create a Warm Environment

- Allow 15–20 minutes before starting for coffee, snacks, and fellowship.
- Keep the atmosphere relaxed and welcoming.
- Remind participants this is a safe space to share and grow.

6. For Sessions 5 and 6—IMPORTANT

Before wrapping up Sessions 5 and 6, take a moment to point your group to **Page 31** of this workbook. There, you’ll find ways to **Multiply the Impact of Freedom**—through *Giving It Forward*, *Leading a Group Study*, and *Going Deeper with the Master Class*.

The purpose is simple: to help spread the message of repentance and healing to set as many people free as possible.

7. Register as a Group Study Facilitator

We’d love to stay connected with you as a Group Study Facilitator and keep you updated on new resources and opportunities with the Group Study program. This is a key part of how we’re spreading the message, and we plan to build an encouraging network for facilitators — with community connections, additional training, and leadership opportunities. To register and stay plugged in, visit the link below:

ThePrayerofFreedom.com/GroupStudyVideos

► On the next pages, you’ll find the **Facilitator’s Answer Notes**—a copy of the student note sheets with every fill-in-the-blank completed.

Session 1: Sin and Discipline (part 1)

Answer Key

Panorama Overview of this course

- **Session 1:** Sin and Discipline
- **Session 2:** What the Bible says about sin and consequence
- **Session 3:** Legal Rights in the spiritual realm
- **Session 4:** 3 Types of Legal Rights and how to get free
- **Session 5:** Covering and Authority
- **Session 6:** Success Tips and List Preparation Guide

Overview

Sin is a significant cause of sickness, infirmity, and all kinds of life issues

Not all illnesses are tied to sin... ...but many of the issues we deal with *are*.

- It's all part of God's plan to give you abundant life
- **John 10:10** (ESV) - "The thief comes to steal, kill, and destroy, but I came that [you] may have life, and have it abundantly."

Discipline vs Punishment

- Discipline is for **correction**; punishment is for **penalty**.
- Discipline **restores a person**; punishment **casts the person away**.

God's spiritual laws of **discipline**

- **Heb 12:4-6 (NIV)** - ⁴In your struggle against sin, you have not yet resisted to the point of shedding your blood. ⁵ And have you completely forgotten this word of encouragement that addresses you as a father addresses his son? It says, "My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, ⁶ because the Lord disciplines the one he loves, and he chastens everyone he accepts as his son."
- If you are his child, God *will* discipline you when you sin... even if you live a "righteous" life

Session 2: Sin and Discipline (part 2)

Answer Key

The spiritual realm

- This is where God's discipline occurs

- **Eph 6:12 (ESV)** - For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.
- **TLB version:** - For we are not fighting against people made of flesh and blood, but against persons without bodies...

PERSONS WITHOUT BODIES...

▶ Good spirits

- **Holy Spirit - Gen 1:1-2 (ESV)** - ¹ In the beginning, God created the heavens and the earth. ² The earth was without form and void, and darkness was over the face of the deep. And the Spirit of God was hovering over the face of the waters.
- **Angels** -- spirit beings, and they are also "persons"
- **Spirit of skill - Exo 28:3 (ESV)** - You shall speak to all the skillful, whom I have filled with a spirit of skill, that they make Aaron's garments to consecrate him for my priesthood.
- **Spirit of wisdom - Deu 34:9 (ESV)** - And Joshua the son of Nun was full of the spirit of wisdom, for Moses had laid his hands on him. So the people of Israel obeyed him and did as the LORD had commanded Moses.
- **Spirit of truth - Joh 16:13 (ESV)** - When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come.
- **Spirit of gentleness - 1 Cor 4:21 (ESV)** - What do you wish? Shall I come to you with a rod, or with love in a spirit of gentleness?

▶ Bad spirits

- **Spirit of jealousy - Num 5:14 (ESV)** - and if the spirit of jealousy comes over him and he is jealous of his wife who has defiled herself, or if the spirit of jealousy comes over him and he is jealous of his wife, though she has not defiled herself
- **Spirit of terror - 1 Sam 16:14 (ESV)** - Now the Spirit of the LORD departed from Saul, and a harmful spirit from the LORD tormented him.
- **Spirit of lying - 1 Kings 22:21-22 (ESV)** - ²¹ Then a spirit came forward and stood before the LORD, saying, 'I will entice him.' ²² And the LORD said to him, 'By what means?' And he said, 'I will go out,

and will be a lying spirit in the mouth of all his prophets.' And he said, 'You are to entice him, and you shall succeed; go out and do so.'

- **Spirit of confusion** - **Isai 19:14 (ESV)** - The LORD has mingled within her a spirit of confusion, and they will make Egypt stagger in all its deeds, as a drunken man staggers in his vomit.
- **Spirit of whoredom** - **Hos 4:12 (ESV)** - My people inquire of a piece of wood, and their walking staff gives them oracles. For a spirit of whoredom has led them astray, and they have left their God to play the whore.
- **Spirit of divination** - **Act 16:16 (ESV)** - As we were going to the place of prayer, we were met by a slave girl who had a spirit of divination and brought her owners much gain by fortune-telling.
- **Spirit of fear** - **2 Tim 1:7 (NASB)** - For God has not given us a spirit of fear, but of power and of love and of a sound mind.

▶ **Additional bad spirits (not referenced in Bible)**

- Spirit of addiction
- Spirit of depression
- Spirit of heaviness
- Spirit of anger
- Spirit of violence
- Spirit of pain
- Spirit of suicide

▶ **Infirmity spirits**

- **Spirit of muteness and seizures** - **Mar 9:17-18 (ESV)** - ¹⁷ And someone from the crowd answered him, "Teacher, I brought my son to you, for he has a spirit that makes him mute. ¹⁸ And whenever it seizes him, it throws him down, and he foams and grinds his teeth and becomes rigid. So I asked your disciples to cast it out, and they were not able."
- **Spirit of Fever** - **Luk 4:38-39 (ESV)** - ³⁸ Jesus left the synagogue and went to the home of Simon. Now Simon's mother-in-law was suffering from a high fever, and they asked Jesus to help her. ³⁹ So he bent over her and rebuked the fever, and it left her. She got up at once and began to wait on them.
- **Spirit of "Bent Spine Syndrome"** (camptocormia) - **Luk 13:10-11 (ESV)** - ¹⁰ On a Sabbath Jesus was teaching in one of the synagogues, ¹¹ and a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all.
- Many spirits are **amplifiers** - they amplify a specific characteristic

Sin, discipline and repentance

- **The 5 Step Process of Man**

(1) **Man made in God's image**

- **Gen 1:27 (ESV)** - So God created man in his own image, in the image of God he created him; male and female he created them.

(2) **Man sinned**

- **Gen 3:6-7a (NIV)** - ⁶ When the woman saw that the fruit of the tree [*of the knowledge of good and evil*] was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. ⁷ Then the eyes of both of them were opened...

(3) **Man lost God's image**

- **Gen 5:3 (ESV)** - When Adam had lived 130 years, he fathered a son in his own likeness, after his image, and named him Seth.

(4) **Jesus made in God's image**

- **Rom 8:3 (ESV)** - For what the Law could not do, weak as it was through the flesh, God did: sending His own Son in the likeness of sinful flesh and as an offering for sin, He condemned sin in the flesh
- **Heb 1:3a (ESV)** - He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power...
- **We are to be conformed to Jesus's image ... God's image**
- **Rom 8:29 (ESV)** - For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers
- **Question:** How do we conform to the image of his Son?
- **Answer:** **Repent** of our sin

(5) **Man repents to restore God's image**

- When we repent of our sin, it removes the sin
--> this was Jesus's primary message
- **Repentance** is the primary message throughout the Bible

- **God in OT** --> **Joel 2:12-13 (ESV)** - ¹² “Yet even now,” declares the LORD, “return to me with all your heart [“repent”], with fasting, with weeping, and with mourning; ¹³ and rend your hearts and not your garments.” Return to the LORD your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love; and he relents over disaster.
- **John the Baptist** --> **Mat 3:1-2 (ESV)** - In those days John the Baptist came preaching in the wilderness of Judea, ² “Repent, for the kingdom of heaven is at hand.”
- **Jesus** --> **Mat 4:17 (ESV)** - From that time Jesus began to preach, saying, “Repent, for the kingdom of heaven is at hand.”

- **Sin does two things**
 1. breaks relationship with God
 - to restore: repent of sins as a whole

 2. breaks image of God
 - to restore: repent of sins individually

- **God and Michelangelo - a picture of what this looks like**
 - God conform us back to his image in the same way Michelangelo created beautiful sculptures -
-> one chip at a time
 - **Luk 6:40 (ESV)** - A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher.

Session 3: A walk through the Bible (part 1)

Answer Key

Spiritual laws vs God's covenants

- Many of God's spiritual laws operate *outside* of his covenants with man
- **Example 1 Seventh Day**: God declared the seventh day holy
- **Example 2 Tithe**: God declares the tithe ("a 10th part") is holy
- **God's spiritual laws of sin and discipline are the same**
- **Malachi 3:6 (NIV)** - "I the LORD do not change..."
- **James 1:17 (NIV)** - Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change...

A walk through the Bible - sin and discipline

OLD TESTAMENT

- **(1) Miriam and leprosy: Num 12:1-10 (NIV)** - ¹ Miriam and Aaron began to talk against Moses because of his Cushite wife, for he had married a Cushite. ² "Has the LORD spoken only through Moses?" they asked. "Hasn't he also spoken through us?" And the LORD heard this. ³ (Now Moses was a very humble man, more humble than anyone else on the face of the earth.) ⁴ At once the LORD said to Moses, Aaron and Miriam, "Come out to the tent of meeting, all three of you." So the three of them went out. ⁵ Then the LORD came down in a pillar of cloud; he stood at the entrance to the tent and summoned Aaron and Miriam. When the two of them stepped forward, ⁶ he said, "Listen to my words: "When there is a prophet among you, I, the LORD, reveal myself to them in visions, I speak to them in dreams. ⁷ But this is not true of my servant Moses; he is faithful in all my house. ⁸ With him I speak face to face, clearly and not in riddles; he sees the form of the LORD. Why then were you not afraid to speak against my servant Moses?" ⁹ The anger of the LORD burned against them, and he left them. ¹⁰ When the cloud lifted from above the tent, Miriam's skin was leprous—it became as white as snow...
- **(2) Venomous snakes: Num 21:4-7a (NIV)** - ⁴ "They traveled from Mount Hor ... but the people grew impatient on the way; ⁵ they spoke against God... ⁶ Then the LORD sent venomous snakes among them; they bit the people and many Israelites died. ⁷ The people came to Moses and said, 'We sinned when we spoke against the LORD ...'"
- **(3) Life of lack: Deu 28:15-20 (NIV)** - ¹⁵ However, if you do not obey the LORD your God and do not carefully follow all his commands and decrees I am giving you today, all these curses will come on you and overtake you: ¹⁶ You will be cursed in the city and cursed in the country. ¹⁷ Your basket and your kneading trough will be cursed. ¹⁸ The fruit of your womb will be cursed, and the crops of your land, and the calves of your herds and the lambs of your flocks. ¹⁹ You will be cursed when you come in and cursed when you go out. ²⁰ The LORD will send on you curses, confusion and rebuke in everything you put your hand to...

- **(4) Diseases of Egypt: Deu 28:58-61 (NIV)** - ⁵⁸ "If you do not carefully follow all the words of this law, which are written in this book, and do not revere this glorious and awesome name —the LORD your God— ⁵⁹ the LORD will send fearful plagues on you and your descendants, harsh and prolonged disasters, and severe and lingering illnesses. ⁶⁰ He will bring on you all the diseases of Egypt that you dreaded, and they will cling to you. ⁶¹ The LORD will also bring on you every kind of sickness and disaster not recorded in this Book of the Law..."
- **(5) Jeroboam's hand shrivels: 1 Kings 13:1-4 (NIV)** - ¹ By the word of the LORD a man of God came from Judah to Bethel, as Jeroboam was standing by the altar to make an offering. ² By the word of the LORD he cried out against the altar: "Altar, altar! This is what the LORD says: 'A son named Josiah will be born to the house of David. On you he will sacrifice the priests of the high places who make offerings here, and human bones will be burned on you.'" ³ That same day the man of God gave a sign: "This is the sign the LORD has declared: The altar will be split apart and the ashes on it will be poured out." ⁴ When King Jeroboam heard what the man of God cried out against the altar at Bethel, he stretched out his hand from the altar and said, "Seize him!" But the hand he stretched out toward the man shriveled up, so that he could not pull it back.
- **(6) Gehazi and leprosy: 2 Kings 5:14-27 (NIV)** - ¹⁴ So [Naaman, the Syrian] went down and dipped himself in the Jordan seven times, as [Elisha] the man of God had told him, and his flesh was restored and became clean like that of a young boy. ¹⁵ Then Naaman and all his attendants went back to the man of God. He stood before him and said, "Now I know that there is no God in all the world except in Israel. So please accept a gift from your servant." ¹⁶ The prophet answered, "As surely as the LORD lives, whom I serve, I will not accept a thing." And even though Naaman urged him, he refused... [*Naaman leaves and goes a short way*]... ²¹ So Gehazi [Elisha's servant] hurried after Naaman. When Naaman saw him running toward him, he got down from the chariot to meet him. "Is everything all right?" he asked. ²² "Everything is all right," Gehazi answered. "My master sent me to say, 'Two young men from the company of the prophets have just come to me from the hill country of Ephraim. Please give them a talent of silver and two sets of clothing.'" ²³ "By all means, take two talents," said Naaman. He urged Gehazi to accept them, and then tied up the two talents of silver in two bags, with two sets of clothing. He gave them to two of his servants, and they carried them ahead of Gehazi. ²⁴ When Gehazi came to the hill, he took the things from the servants and put them away in the house. He sent the men away and they left. ²⁵ When he went in and stood before his master, Elisha asked him, "Where have you been, Gehazi?" "Your servant didn't go anywhere," Gehazi answered. ²⁶ But Elisha said to him, "Was not my spirit with you when the man got down from his chariot to meet you? Is this the time to take money or to accept clothes—or olive groves and vineyards, or flocks and herds, or male and female slaves?" ²⁷ Naaman's leprosy will cling to you and to your descendants forever." Then Gehazi went from Elisha's presence and his skin was leprous—it had become as white as snow.
- **(7) Uzziah and leprosy: 2 Chr 26:16-21 (NIV)** - ¹⁶ But after Uzziah became powerful, his pride led to his downfall. He was unfaithful to the LORD his God, and entered the temple of the LORD to burn incense on the altar of incense. ¹⁷ Azariah the priest with eighty other courageous priests of the LORD followed him in. ¹⁸ They confronted King Uzziah and said, "It is not right for you, Uzziah, to burn incense to the LORD. That is for the priests, the descendants of Aaron, who have been consecrated to burn incense. Leave the sanctuary, for you have been unfaithful; and you will not be honored by the LORD God." ¹⁹ Uzziah, who had a censer in his hand ready to burn incense, became angry. While he was raging at the priests in their presence before the incense altar in the LORD's temple, leprosy broke out on his forehead. ²⁰ When Azariah the chief priest and all the other priests looked at him, they saw that he had leprosy on his forehead, so they hurried him out. Indeed, he himself was eager to leave, because the LORD had afflicted him. ²¹ King Uzziah had leprosy until the day he died. He lived in a separate house —leprous, and banned from the temple of the LORD...
- **(8) King David infirmed: Psalms 32:1-4 (NLT)** - ¹ Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight! ² Yes, what joy for those whose record the LORD has cleared of guilt, whose lives are lived in complete honesty! ³ When I refused to confess my sin, my body wasted away, and I groaned all day long. ⁴ Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat.

Session 4: A walk through the Bible (part 2)

Answer Key

NEW TESTAMENT

- **(9) Woman with spirit of infirmity: Luk 13:10-13 (NIV)** - On a Sabbath Jesus was teaching in one of the synagogues, and a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all. When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." Then he put his hands on her, and immediately she straightened up and praised God.
 - It was due to sin -- how do we know? ...
 - Why did Jesus tell this man, "Sin no more, that nothing worse may happen to you?"
Luk 13:14-16 (NIV) - ¹⁴ Indignant because Jesus had healed on the Sabbath, the synagogue leader said to the people, "There are six days for work. So come and be healed on those days, not on the Sabbath." ¹⁵ The Lord answered him, "You hypocrites! Doesn't each of you on the Sabbath untie your ox or donkey from the stall and lead it out to give it water? ¹⁶ Then should not this woman, a daughter of Abraham, whom Satan has kept bound for eighteen long years, be set free on the Sabbath day from what bound her?"
- **(10) Lame man at the pool: Joh 5:2-9,14 (ESV)** - ² "Now there is in Jerusalem by the Sheep Gate a pool, in Aramaic called Bethesda, which has five roofed colonnades. ³ In these lay a multitude of invalids—blind, lame, and paralyzed. ⁵ One man was there who had been an invalid for thirty-eight years. ⁶ When Jesus saw him lying there and knew that he had already been there a long time... ⁸ Jesus said to him, 'Get up, take up your bed, and walk.' ⁹ And at once the man was healed, and he took up his bed and walked.... ¹⁴ Afterward Jesus found him in the temple and said to him, 'See, you are well! Sin no more, that nothing worse may happen to you.'"
 - **Question:** Why did Jesus tell this man, "Sin no more, that nothing worse may happen to you?"
 - **Answer:** because **sin** can be a root of infirmity
- **(11) Herod Agrippa: Act 12:21-23 (NIV)** - ²¹ On the appointed day Herod, wearing his royal robes, sat on his throne and delivered a public address to the people. ²² They shouted, "This is the voice of a god, not of a man." ²³ Immediately, because Herod did not give praise to God, an angel of the Lord struck him down, and he was eaten by worms and died.
- **(12) Ananias lies to God: Acts 5:1-5 (NIV)** - ¹ Now a man named Ananias, together with his wife Sapphira, also sold a piece of property. ² With his wife's full knowledge he kept back part of the money for himself, but brought the rest and put it at the apostles' feet. ³ Then Peter said, "Ananias, how is it that Satan has so filled your heart that you have lied to the Holy Spirit and have kept for yourself some of the money you received for the land? ⁴ Didn't it belong to you before it was sold? And after it was sold, wasn't the money at your disposal? What made you think of doing such a thing? You have not lied just to human beings but to God." ⁵ When Ananias heard this, he fell down and died. And great fear seized all who heard what had happened.
- **(13) Man with father's wife: 1 Corinthians 5:1-5 (NIV)** - ¹ It is actually reported that there is sexual immorality among you, and of a kind that even pagans do not tolerate: A man is sleeping with his father's wife. ²

And you are proud! Shouldn't you rather have gone into mourning and have put out of your fellowship the man who has been doing this? ³ For my part, even though I am not physically present, I am with you in spirit. As one who is present with you in this way, I have already passed judgment in the name of our Lord Jesus on the one who has been doing this. ⁴ So when you are assembled and I am with you in spirit, and the power of our Lord Jesus is present, ⁵ hand this man over to Satan for the destruction of the flesh, so that his spirit may be saved on the day of the Lord.

- **(14) Lord's supper: 1 Cor 11:29-30 (NIV)** - ²⁹ "For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves. ³⁰ That is why many among you are weak and sick, and a number of you have fallen asleep."
 - **1 Cor 11:32 (NIV)** - "... when we are judged in this way by the Lord, we are being disciplined so that we will not be finally condemned with the world."
- **(15) Call for the elders: Jam 5:14-16 (ESV)** - ¹⁴ "Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. ¹⁵ And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. ¹⁶ Therefore, confess your sins to one another... that you may be healed. The prayer of a righteous person has great power as it is working."

Sickness vs Sin

- **Not all sickness is due to sin** --> some can come from natural causes
- **What about the blind man?**
 - **Joh 9:1-3 (NIV)** - ¹ As he went along, he saw a man blind from birth. ² His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" ³ "Neither this man nor his parents sinned," said Jesus, "but this happened so that the works of God might be displayed in him."
- **What if you've lived a sinful life and have lots of issues?**
 - **Isaiah 46:12-13 (NLT)** - "Listen to me, you stubborn people who are so far from doing right. For I am ready to set things right, not in the distant future, but right now! I am ready to save Jerusalem and show my glory to Israel."

Healing vs God's will

- **1 Joh 5:14-15 (NIV)** - ¹⁴ This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. ¹⁵ And if we know that he hears us—whatever we ask—we know that we have what we asked of him.
- **2 Pet 3:9 (NIV)** - The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.

Conclusion

- God's word is clear -- our sins produce earthly consequences
- **Joh 10:10 (ESV)** - "The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly."

Question: How do you get that abundant life?

Answer: By [repenting](#) of your sin

- **Mal 3:6-12 (NIV)** - ⁶ "I the LORD do not change. So you, the descendants of Jacob, are not destroyed. ⁷ Ever since the time of your ancestors you have turned away from my decrees and have not kept them. Return to me, and I will return to you," says the LORD Almighty. "But you ask, 'How are we to return?' ⁸ "Will a mere mortal rob God? Yet you rob me. "But you ask, 'How are we robbing you?' "In tithes and offerings. ⁹ You are under a curse —your whole nation—because you are robbing me. ¹⁰ Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the LORD Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it. ¹¹ I will prevent pests from devouring your crops, and the vines in your fields will not drop their fruit before it is ripe," says the LORD Almighty. ¹² "Then all the nations will call you blessed, for yours will be a delightful land," says the LORD Almighty.

When you [repent](#) from sin, God promises the discipline will be

stopped and [abundance](#) will be restored

Session 5: Parable of the Unmerciful Servant – Answer Key

Isn't suffering good for us?

- 2 types of suffering
 - Disobedience --> discipline -- YES stop
 - Obedience --> persecution -- NO stop

Parable of the Unmerciful Servant

Mat 18:21-35 (NIV) -

²¹ Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" ²² Jesus answered, "I tell you, not seven times, but seventy-seven times.

²³ "Therefore, the kingdom of heaven is like a king who wanted to settle accounts with his servants. ²⁴ As he began the settlement, a man who owed him ten thousand bags of gold was brought to him. ²⁵ Since he was not able to pay, the master ordered that he and his wife and his children and all that he had be sold to repay the debt. ²⁶ "At this the servant fell on his knees before him. 'Be patient with me,' he begged, 'and I will pay back everything.' ²⁷ The servant's master took pity on him, canceled the debt and let him go.

²⁸ "But when that servant went out, he found one of his fellow servants who owed him a hundred silver coins. He grabbed him and began to choke him. 'Pay back what you owe me!' he demanded. ²⁹ "His fellow servant fell to his knees and begged him, 'Be patient with me, and I will pay it back.' ³⁰ "But he refused. Instead, he went off and had the man thrown into prison until he could pay the debt.

³¹ When the other servants saw what had happened, they were outraged and went and told their master everything that had happened. ³² "Then the master called the servant in. 'You wicked servant,' he said, 'I canceled all that debt of yours because you begged me to. ³³ Shouldn't you have had mercy on your fellow servant just as I had on you?' ³⁴ In anger his master handed him over to the jailers to be **tortured**, until he should pay back all he owed.

³⁵ "This is how my heavenly Father **will** treat each of you unless you forgive your brother or sister from your heart."

- **Greek for "torturer"** (also translated as "jailer") -- means "one who elicits the truth by the use of the rack"
 - Root "basanizo" meaning: **to torture** -- pain, toil, torment

(1) Mat 8:5-6 - When he had entered Capernaum, a centurion came forward to him, appealing to

him, "Lord, my servant is lying paralyzed at home, suffering terribly." -- **physical suffering**

(2) 2 Pet 2:7-8 - and if he rescued righteous Lot, greatly distressed by the sensual conduct of the wicked (for as that righteous man lived among them day after day, he was tormenting his righteous soul over their lawless deeds that he saw and heard) -- **mental suffering**

(3) Rev 12:2 - She was pregnant and was crying out in birth pains and the agony of giving birth -
- **physical pain**

Session 6: Legal Rights – Answer Key

A practical look at spiritual warfare

- **Eph 6:12 (ESV)** - For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.
 - **Eph 6:12 (TLB)** - For we are not fighting against people made of flesh and blood, but against persons without bodies...

Legal structure is part of God's design

- **Eph 1:20-21 (ESV)** - " ²⁰ ...when [God] raised him [Jesus] from the dead and seated him at his right hand in the heavenly places, ²¹ far above all rule and authority and power and dominion, and above every name that is named..."
- **Mat 28:18 (ESV)** - "And Jesus came and said to them, "All authority in heaven and on earth has been given to me."
- **Job 1:6 (ESV)** - "Now there was a day when the sons of God came to present themselves before the LORD, and Satan also came among them"
- **Heb 12:22-24 (ESV)** - "²² But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, ²³ and to the assembly of the firstborn who are enrolled in heaven, and to God, the judge of all, and to the spirits of the righteous made perfect, ²⁴ and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel"

Unrepented Sins and Legal Rights

4 Steps of a Deliverance

1. Identify _____
2. Interrogate _____
3. Repent _____
4. Command Out _____

Evidence of Legal Rights in scripture

- **Col 2:13c-15 (ESV)** - " ¹³ ... [Jesus] having forgiven us all our trespasses, ¹⁴ by canceling the record of debt that stood against us with its legal demands. This he set aside, nailing it to the cross. ¹⁵ He disarmed the rulers and authorities and put them to open shame, by triumphing over them in him."
- **Job: Job 1:6-12** - " ⁶ Now there was a day when the sons of God came to present themselves before the LORD, and Satan also came among them. ⁷ The LORD said to Satan, "From where have you come?"

Satan answered the LORD and said, "From going to and fro on the earth, and from walking up and down on it." ⁸ And the LORD said to Satan, "Have you considered my servant Job, that there is none like him on the earth, a blameless and upright man, who fears God and turns away from evil?" ⁹ Then Satan answered the LORD and said, "Does Job fear God for no reason? ¹⁰ Have you not put a hedge around him and his house and all that he has, on every side? You have blessed the work of his hands, and his possessions have increased in the land. ¹¹ But stretch out your hand and touch all that he has, and he will curse you to your face." ¹² And the LORD said to Satan, "Behold, all that he has is in your hand. Only against him do not stretch out your hand." So Satan went out from the presence of the LORD."

- **Job 1:4-5** - "⁴ His sons used to go and hold a feast in the house of each one on his day, and they would send and invite their three sisters to eat and drink with them. ⁵ And when the days of the feast had run their course, Job would send and consecrate them, and he would rise early in the morning and offer burnt offerings according to the number of them all. For Job said, "It may be that my children have sinned, and cursed God in their hearts." Thus Job did continually."

What spiritual attacks look like

[Diagram]

Act 3:19 (NIV) - "Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord"

- repenting of sins brings refreshing times now